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Today's **Top Stops**

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HIP TRANQUIL CHICK

Not a Big Stretch



2 Kimberly Wilson's book "Hip Tranquil Chick: A Guide to Life On and Off the Yoga Mat" offers down-to-

earth explanations of yoga philosophy, seven "modern girl" yoga sequences and compelling advice for life "off the yoga mat." Wilson's set to share some of her insights tonight.

→ *Olsson's, 1307 19th St. NW; 7 p.m., free; 202-785-1133. (Dupont Circle)*